



Tim Roufs Inspecting Durians in Singapore Market, 2017

**Martin Luther King, Jr. Holiday -- 15 January 2024**

**Anthropology of Food Week 2**

1.0 **What's Happening?**

2.0 **Video Explorations**

3.0 **Slides**

4.0 **Readings**  
Semester Readings

\*5.0 **Other Assignments**

6.0 \***Midterm Exam**

7.0 **Project**

\*8.0 **Discussion**  
**REM: Meet and Greet**

9.0 (optional)  
**For Fun Trivia**

10.0 (optional)  
**Extra Credit**

11.0 (optional)  
**Other**

click links for details)  
= leave page

(optional)  
**Live Chat**  
Tuesday 7:00-8:00 p.m.

(optional)  
**Questions / Comments**

**Items DUE this week:**  
\*enter on-line  
\*\*upload file

## 1.0 What's Happening Week 2?

I hope your first week with Anthropology of Food went well, and that it has been enjoyable, and that you are liking the readings and other materials.

*Remember that if in the current difficult and unusual times you find yourself in a situation where you need more time, or other assistance, to complete any of the materials of this course, or for any other reason, please let me know privately and I and the University of Minnesota will do whatever we can to accommodate your situation(s). Do not be afraid to ask; we are here to help in whatever way we can.*

It's a *big* week for For Fun Food Trivia. . . .

Now would be a good time to have a look at the overall organization of the course. Have a look at . . .

### The Course: Part I

Anthropology graduates, reflecting back on their time with us at UMD, suggested in our surveys that it would be a good idea to tie the individual courses in the Anthropology curriculum together a little more. So that's what we're going to do for much of the next two or three weeks, after we finish the **Orientation and Introduction**.

This will also help set **the basic analytic, theoretical, and historical framework** for the course. This material should provide you with the **background and analytical tools** to help you

with **your class Project**, and help you begin to make sense out of the topics that follow later in the course—a good deal of which will be provided *via* video—and towards the end of the semester with your class presentations.

### [The Course in a Nutshell](#)

### [Course Structure](#)

### [Course Content](#)

## 2.0 VIDEO EXPLORATIONS WEEK 2 . . .

**Real People . . . Real Places . . .**

[Videos for the Semester](#)



### *The Truth about Fat*

NOVA, Season 47 Episode 6 (53:38 min. CC; 2020)

[Preview \(1:59 min\)](#)

### [On-Line Access](#)

[click ↑ here]

(UMD AVON link updated 2022.08.08)

Authentication notes: University of Minnesota Duluth access

If off campus, use  
[Virtual Private Network \(VPN\)](#) (UMD)

BBC Worldwide Learning,; BBC Scotland,  
London, England: BBC Worldwide 2015

**For generations, fat has been the enemy.**

**We've demonized it as a cumbersome health risk and cast overweight individuals as too gluttonous or lazy to make healthy choices. But scientists are coming to understand that fat is not so simple.**

**In fact, it's a fascinating and dynamic organ — one whose size has more to do with biological processes than personal choices. Now, NOVA takes you inside the amazing world of fat.**

**Why don't sumo wrestlers suffer from the health problems that other obese people do? Why has evolution hardwired us to hang onto fat even when it's unhealthy? And what would happen if you had no fat at all?**

**Through real-life stories of hunter-gatherers, supermodels, and a BIGGEST LOSER contestant, NOVA explores the complex functions of fat and the role it plays in controlling hunger, hormones, and even reproduction on ["The Truth About Fat."](#) -- PBS**

## **3.0 WEEK 2 SLIDES . . .**

[Class Slides for the Semester](#)

(optional) **A Very Brief Outline of the Course Structure**

[\(.pptx\)](#)

[click ↑ here]

## “Main Characteristics of Anthropology: The Four Fields”

(.pptx) [↗](#)

[click ↑ here]

REM: Links on screenshots are not “hot” (active)

Main Characteristics of Anthropology		
<u>WebPage Summary</u>		
week 2:	<b>1 The four fields of anthropology</b>	(.pptx) <a href="#">↗</a>
week 3:	<b>2 culture</b> as a primary concept	(.pptx) <a href="#">↗</a>
	• How about a little game of Jeopardy?	(.pptx) <a href="#">↗</a>
week 3:	<b>3 comparative method</b> as major approach	(.pptx) <a href="#">↗</a>
week 6:	<b>4 holism</b> as a primary theoretical goal	(.pptx) <a href="#">↗</a>
	• Anthropology and its <b>Parts Chart</b>	(.pptx) <a href="#">↗</a>
	◦ Enlarged Chart: “Anthropology and ... It's Parts”	(.pptx) <a href="#">↗</a>
week 6:	<b>5 fieldwork</b> as a primary research technique	(.pptx) <a href="#">↗</a>

## (optional) Finding Information on Food of Different Countries and Culture

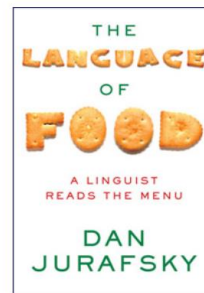
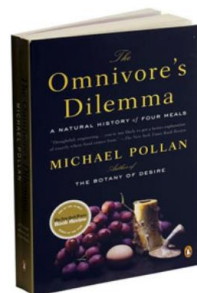
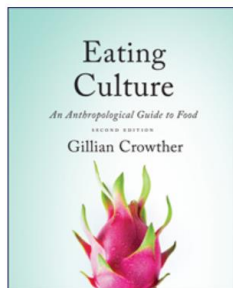
(.pptx) [↗](#)

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## 4.0 READINGS FOR WEEK 2 . . .

Readings for the Semester [↗](#)

Textbook Information [↗](#)



REM: Links on screenshots are not “hot” (active)

- ***Eating Culture, Second Edition*, Gillian Crowther**
- CHAPTER ONE: OMNIVOROUSNESS: CLASSIFYING FOOD
- ***Omnivore's Dilemma***, Michael Pollan
- (Assignments start in [Week 3](#))
- ***The Language of Food***, Dan Jurafsky
- (Assignments start in [Week 4](#))

## 5.0 OTHER ASSIGNMENT INFORMATION . . .

[Main Due Dates](#)

s2024 [Module Week 2](#)

Be sure to check each week for **OTHER ASSIGNMENT INFORMATION.**  
(scroll down)



### Main Due Dates

are listed at

<https://www.d.umn.edu/cla/faculty/troufs/anthfood/afdue-dates.html#title>

[including Term Paper / Exams / Extra Credit Papers . . . not including weekly *Discussions* and Review assignments . . .]



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REM: Links on screenshots are not "hot" (active)

## AF Main Due Dates

**Anthropology of Food**

Today is Tuesday, 12 December 2023, 20:54 (08:54 PM) CST, day 346 of 2023  
 NOTE: Click on "wk\_N" in the first columns to go to that week

August 2023							September 2023							October 2023							November 2023							December 2023										
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S				
			1	2	3	4	5	wk.1					1	2	wk.6	1	2	3	4	5	6	7	wk.10			1	2	3	4	wk.14					1	2		
6	7	8	9	10	11	12	wk.2	3	4	5	6	7	8	9	wk.7	8	9	10	11	12	13	14	wk.11	5	6	7	8	9	10	11	wk.18	3	4	5	6	7	8	9
13	14	15	16	17	18	19	wk.3	10	11	12	13	14	15	16	wk.8	15	16	17	18	19	20	21	wk.12	12	13	14	15	16	17	18	wk.16	10	11	12	13	14	15	16
20	21	22	23	24	25	26	wk.4	17	18	19	20	21	22	23	wk.9	22	23	24	25	26	27	28	wk.13	19	20	21	22	23	24	25	wk.17	17	18	19	20	21	22	23
wk.1	27	28	29	30	31		wk.5	24	25	26	27	28	29	30	wk.10	29	30	31					wk.14	26	27	28	29	30			wk.24	24	25	26	27	28	29	30

links to current weeks

UM holidays

fall break

study days

final exams

first/last days of classes

to textbooks

AF Index of Major Items

AF 1.0 "Sunday Memos"	AF 2.0 Video Schedule
AF 3.0 Slides Schedule	AF 4.0 Text Assignments Schedule
AF 5.0 Other (check Canvas)	AF 6.0 Exams . . . (wk-6 and wk-16)
AF 7.0 REM: Work on Project	AF 8.0 Discussion(s)
AF Main Due Dates	
	AF Spring 2024 Calendar

NOTE: Detailed Information on Exams, Weekly Assignments, and Weekly Activities is listed in your canvas folder.

The weekly assignments (Discussions, film feedbacks . . . ) are DUE NO LATER THAN 11:59 p.m. Sunday (following--i.e., the next day after--the week for which they are assigned). All Discussions close at that point. You may submit assignments anytime before that.

## 6.0 MIDTERM EXAM . . .

[General Midterm Exam Information](#)

## 7.0 PROJECT INFORMATION . . .

[Basic Information](#)

[Main Due Dates](#)

Start thinking a little bit about your Class Project.

Start thinking about something *that you, personally, are interested in*, and we'll work things out from there.

This Project is something with which you should be able to have *fun*.

It's a good time to have at least a quick look at the information for your class project, which you can find at <http://www.d.umn.edu/cla/faculty/troufs/anthfood/afproject.html#title>.

Your class Project is your Term Paper, plus a short “work-in-progress” presentation.





*Demosthenes Practising Oratory* (1870)

[Details of Presentation](#)



*Charles Dickens* (1842)

[Details of Term Paper](#)

Your **Informal Project Statement**, or Project Proposal, is due by the end of Week 4, **Sunday, 4 February 2024**. Basically that's a short *informal* summary personal statement of what you are interested in doing, how you think you might go about it, and what resources you are thinking about using. It can be as simple as the following:

“For my project I’m thinking about X, or Y, and these are the items I’m thinking about using [add short list]. This is why I’m interested in this/these project(s) [add your reason(s)]. . . .

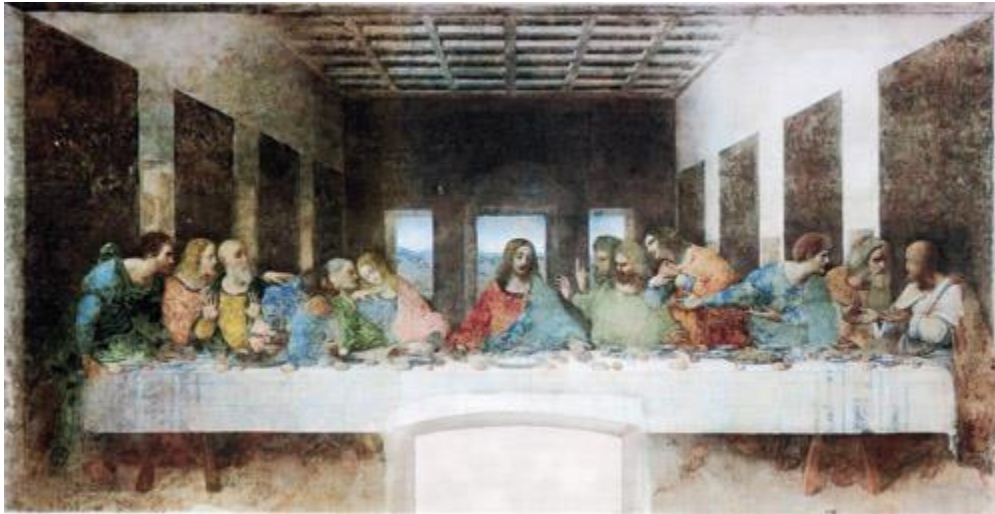
It is an *informal* statement. A more formal statement will come later on (in Week 7, Saturday, 25 February 2024).

## **8.0 DUE: DISCUSSIONS WEEKS 2 and 3 . . .**

(optional) [Online Discussions Information, Rubric, and Sample Posts](#)

## Your Last Supper

s2024 (DUE: Sunday, 21 January 2024)



s2024 **''How 'yal doin'?' and How does one really know how your doin'?'**

(DUE: Sunday, 28 January 2024)



Bard College at Simon's Rock Cafeteria

This week in the first of two Discussions one of your tasks is to **keep track of a day of your food intake**. *One of the reasons for doing this, besides giving you some idea of how you are doing in terms of your overall “junk calorie” intake (basically SUGAR), is for you to see how difficult it is getting good data when doing food research involving food and people.* Detailed instructions are included on the *Discussion* page.

Don't forget to say “Hi” to and check up on your classmates and prof . . . if you haven't already done so.

## REM: MEET AND GREET FROM WEEK 1 Your Classmates and Prof

If you haven't already done so, meet the others in class. Have a look at the "Introduce Yourself" entries in the “Discussion” section of your  canvas folder.

### DUE: MEET AND GREET WEEK 1 . . .

Introduce Yourself to the Class



What would you like the others in class to know about you?

Be sure to also fill out your Canvas profile.

Photo Credit: [New York Times](#) 

s2024 <<https://canvas.umn.edu/courses/405151/modules/items/11163317>>

[click  here]



Say "Hello" to Others in the Class



What would you like to know about others in the class?

Be sure to also fill out your Canvas profile.

Andrea Kihlstedt : Photo credit: Copyright: [boarding1now / 123RF Stock Photo](#)

s2024 <<https://canvas.umn.edu/courses/405151/modules/items/11163318>>

[click ↑ here]

## Meet Your Professor

(WebPage)[↗](#)

slides: (.pptx)[↗](#)

If you are curious about me, more than you probably want (or ought) to know is available on the **Meet Your Professor** [↗](http://www.d.umn.edu/cfa/faculty/troufs/MeetYourProfessor.html) page  
More that you or anyone needs to know is available, with some nice photos, at [↗](http://www.d.umn.edu/~troufs/anthfood/PowerPoint/af-meet_your_prof.pptx).

A while back one of the students seemed to especially like the part where the older folks in my home town of Winsted, MN, talk about the time I burnt the Town Hall by my dad's restaurant down (which I didn't, I only burnt half of the back side off.)

REM: Links on screenshots are not "hot" (active)

The screenshot shows a course website dashboard. On the left is a dark red sidebar with navigation icons and labels: Home, Account, Dashboard, Courses, Inbox, History, and Help. The main content area has a 'Welcome!' heading and a list of menu items: Home, Announcements, Simple Syllabus, Modules, People, Discussions, and Quizzes. A large yellow arrow with the text 'Meet Your Professor' points to a slide titled 'Meet Your Professor'. The slide features a photograph of a man in a hat and glasses standing in a market with durians. Below the photo is the text 'Inspecting Durians in Singapore Market, 2017' and 'Meet Your Professor' with a link icon. At the bottom of the slide, it says 'Slides: (.pptx)'.

## 9.0 (optional) FOR FUN FOOD TRIVIA . . .

[Food Trivia HomePage](#)

This week our **trivia questions for fun** in part relate to last meals of last week . . .

Week 2 First Question

What were the American frontiersman [Kit Carson's](#) Last Words?



"This is the last picture of Carson, which was taken by photographer James Wallace Black two months before his death. The portrait was made around March 20, 1868 during Carson's visit to Boston with Ouray and Ute chiefs. The print is signed by Carson and is the largest extant photograph of him." -- [Kit Carson, Wikipedia](#)

[Answer](#)

### Week 2 Second Question

**What would Willie Nelson's Last Supper be?**



[Answer](#)

Check it out.

### Week 2 Third Question

And for International Weiner Schnitzel Day, September 9<sup>th</sup>:

**"Why, in Austria, is a *Wiener schnitzel* protected by law, but a *Weiner würst* not protected?"**



[Answer](#)

## 10.0 (optional) EXTRA CREDIT . . .

[Basic Extra Credit Information](#)

Extra Credit is available in this class.  
We'll have a closer look at Extra Credit after the Midterm Exam.

## 11.0 OTHER (OPTIONAL) . . .

(optional) Canvas Cell Phone Apps

**Your *Dashboard* screen on your Canvas phone app (available *via* the [What is the Canvas Student app?](#) link) looks something like this:**

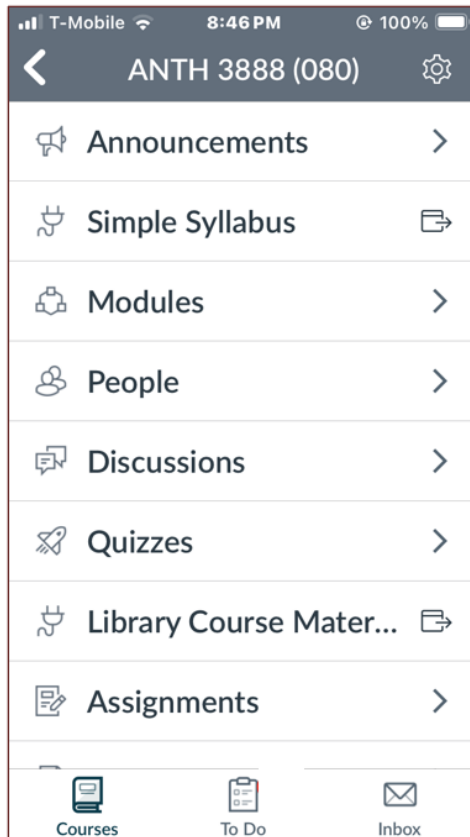
**NOTE: External links may not work on all phones**





Your “Home” page on your Canvas phone app looks something like this:

**NOTE: External links may not work on all phones**



(optional) **LIVE CHAT: OPEN FORUM / OFFICE HOURS . . .**

[Contact Information](#)

Tuesday, 7:00-8:00 p.m. (CDT)

**“ZOOM”**

[click ↑ here]

or

e-mail anytime: <mailto:troufs@d.umn.edu>

[click ↑ here]



Live Chat is optional.

**QUESTIONS? / COMMENTS . . .**

If you have any **questions or comments** right now, please do not hesitate to post them on the  **canvas** “Discussions”, or e-mail [troufs@d.umn.edu](mailto:troufs@d.umn.edu), or ZOOM <https://umn.zoom.us/my/troufs>. (E-mail is fastest, and most generally best as quite often URLs need be sent.)

Best Wishes,

Tim Roufs

<<http://www.d.umn.edu/~troufs>>

<<https://umn.zoom.us/my/troufs>>

<[other contact information](#)>